



Carried Away

**fine foods to go
& catering**

SALADS

BABY GREEN SALAD

Mixed greens, carrots, roasted beets, balsamic vinagrette

\$6.00

CAESAR SALAD

Romaine lettuce, croutons, parmigiano reggiano, garlic-anchovy dressing

\$7.75

KALE SALAD

Kale, celery, apple, pecans, lemon mustard dressing

\$18.00/lb

QUINOA SALAD

Quinoa, almond, mango, curry vinagrette

\$15.00/lb

SEASAME COLESLAW

Cabbage, peanuts, sesame dressing

\$15.00/lb

BEET LENTIL

Beets, lentils, walnuts, feta cheese

\$15.00/lb

CHICKEN PASTA NICOISE

Olives, sundried tomato, red onion

\$14.00/lb

Weekly Menu Nov. 16th-21st

À LA CARTE

ROAST CHICKEN DIAVOLO

\$12.75/lb

POTATO ARTICHOKE (GF)

Potatoes, artichokes, and gruyère cheese

\$12.50/lb

TURKEY PUMPKIN CHILI (GF)

Turkey, pumpkin, and pinto beans

\$12.50/lb

ROASTED VEGETABLES (V&GF)

w/ pomegranate glaze, turnips, celery root, carrot

\$14.00/lb

STUFFED PORTOBELLOS (V)

w/ caramelized onions and comte cheese

\$5.25 each

ENTRÉES

CHICKEN LASAGNA

w/ side salad

\$16.75

ROAST TRI-TIP W/ BBQ

w/ mashed potatoes & green beans

\$17.00

SHRIMP SCAMPI

\$17.00

Aptos Center | 7564 Soquel Dr. | (831) 685-3926
Hours: M-S 11-5pm Sun. Closed | carriedawayfoods.com



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**Weekly Menu Nov. 23rd-25th
Closed 26th-29th**

À LA CARTE

GARLIC HERB ROAST CHICKEN

\$12.75/lb

POTATO ARTICHOKE (GF)

Potatoes, artichokes, and gruyère cheese

\$12.50/lb

TURKEY PUMPKIN CHILI (GF)

Turkey, pumpkin, and pinto beans

\$12.50/lb

CHICKEN ENCHILADAS

w/ almond pasilla sauce

\$5.25 each

VEGETABLE CURRY (V&GF)

w/ peas, carrots, bell peppers and mushrooms

\$12.50/lb

ENTRÉES

BRAISED CHICKEN

w/ cheesy polenta

\$16.75

TERIYAKI SKIRT STEAK

w/ stir fry and rice

\$17.00

TUNA PUTTANESCA

\$17.00

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